

VENUE:
UE SUEVEREIN
SPURTVELUENSTRUMT III
3320 LOMMEL

WWW. DELGIANTAEKWONDOFEDERATION. DE











38th BELGIAN OPEN POOMSAE & FREE STYLE

WTF G1 Tournament

Dear Mr. President, Dear Sir/Madam,

On behalf of the Flemish Taekwondo Union, I am proud to invite You and Your athletes to participate in the 38th G1 Belgian Open Poomsae and Free Style 2017. This G1-tournament will be held in Lommel, Belgium, on **March 18**th.

We guarantee **high quality organization and competition** - with only the best international referees worldwide - in order to guarantee high level transparency, fair play & impartiality for the athletes.

To provide your team the best and most convenient accommodation facilities we offer **special rates** in **Center Parcs** 'De Vossemeren'. Sauna, hammam, massages, swimming pool, etc... are all available. If you are also participating to the 44th G1 Lotto Dutch Open 2017 one week earlier, you can have special rates during the week of 13-17 March as well. The distance of Eindhoven to Lommel is only 35km.

We are looking forward to receive your confirmation.

The Flemish Taekwondo Union will be honoured to welcome You and Your athletes.

Yours sincerely,

Erik Baert President Flemish Taekwondo Union President Flemish Taekwondo Union









1. ORGANIZATION

ORGANIZATION Flemish Taekwondo Union – Belgian Taekwondo Federation

H. Van Veldekesingel 150/73, 3500 Hasselt, Belgium

Phone: +32 (0) 11 87 09 19 Fax: +32 (0) 11 87 09 17 belgianopen@taekwondo.be

www.BelgianTaekwondoFederation.be

https://www.facebook.com/belgianopentaekwondo/

https://twitter.com/taekwondoVTB

PRESIDENT Mr. Erik Baert

REFEREE DIRECTOR Mr. Mustapha Moutarazak

Email: m.moutarazak@hotmail.com

2. DATE AND PLACE

Saturday, March 18th 2017 **COMPETITION DATE**

REGISTRATIONS Friday March 17th

12h00 – 20h00: We kindly encourage all the teams to register on Friday

Saturday March 18th

08h00 – 09h00: Registration at the competition venue

09h30: Start competitions

COMPETITION VENUE De Soeverein, Sportveldenstraat 10, 3920 Lommel, Belgium

3. CONTESTANTS

MEMBERSHIP

An approved 2017 WTF Global License (WTF Global Athlete License OR Global Official License) is required for all athletes and officials who wish to register for the G1 Belgian Open 2017. WTF Global License registrations & renewals can only be made through the WTF recognized Member National Associations and application should be made at least 2 months before the tournament starts to ensure the WTF license can be processed and approved in time. There will be

NO WTF Global License registration onsite.

View the WTF Licence Registration Process in the following 8 languages:

<u>ENGLISH</u>	<u>FRENCH</u>	<u>KOREAN</u>	<u>SPANISH</u>
<u>ARABIC</u>	<u>GERMAN</u>	PORTUGUESE	<u>RUSSIAN</u>

Coaches need GOL (WTF GMS number) and Continental Coach License (if applicable).







UNIFORM

Contestants shall wear WTF-approved Poomsae competition uniforms. **Cadet Division** (Ages 12-14): White top with red and black collar, plus blue pants for males; the same top, but with red pants, for females.

Junior and Senior Division (Ages 15-50): White top with dark blue pants for males; white top with light blue pants for females

Master Division (Ages 51 and older): Yellow top and dark blue pants for both males and females

The latest version of WTF recognized 'manufacturers' list is available at the website of WTF: http://www.worldtaekwondofederation.net/recognized

GRADUATION

Dangrades A-Category: 1st DAN/POOM and higher (Black Belt class according to WTF-regulations)

AGE CATEGORIES

The age categories are based on the year of birth. For example, if someone is 17 years old on the day of competition but he/she is still to become 18 years, then he/she will participate in the division 18-30yr.

Those who are not recognized as adults by law in their own country must submit a passport or identification card together with a written consent (liability declaration) at registration signed by parents or lawful guardians, accepting the participation and all parts of the official invitation.

See attachment 1.

Athletes shall be allowed to compete in more divisions: Individual division, Pair division, Team division,...

Individual (1 male or 1 female)

Pupils division: until 8 years old Aspirant division: 9 to 11 years old Cadet division: 12 to 14 years old Junior division: 15 to 17 years old Under 30 division: 18 to 30 years old Under 40 division: 31 to 40 years old Under 50 division: 41 to 50 years old Under 60 division: 51 to 60 years old Under 65 division: 61 to 65 years old Over 66 division: 66 years old and older

Pair (1 male + 1 female)

Pupils and Aspirants pair division: until 11 years old

Cadet pair division: 12 to 14 years old Junior pair division: 15 to 17 years old Pair 1 division: 18 to 30 years old Pair 2 division: 31 years old or older

Team (3 male or 3 female)

Pupils and Aspirants team division: until 11 years old

Cadet team division: 12 to 14 years old Junior team division: 15 to 17 years old Team 1 division: 18 to 30 years old Team 2 division: 31 years old or older







Free Style

- 2 age categories for $\underline{Individual}$ (1 male or 1 female) and \underline{Pair} (1 male + 1 female): Until 17 years old and 18 years old or older division

- 1 age category for <u>Mixed Team</u> (2 male + 3 female OR 3 male + 2 female):

12 years old or older division

Para-Taekwondo P20 and P30 (1 male or 1 female) - (NOT G-ranked event)

Junior division: 12-15 years old Under 30 division: 16-29 years old Over 30 division: 30 years old or older

Para TKD rules applies. Participants are intellectually disabled athletes (P20 classes) and athletes with a neurological impairment (P30 classes).

Athletes perform only **one poomsae** (own choice).

COMPULSORY POOMSAE

Five (5) days before the competition the Taegeuk/Poomsae will be published on the website: www.BelgianTaekwondoFederation.be

For each round: 2 taegeuks/poomsae with 30 second pause.

For each Taegeuk/Poomsae 2 points will be given (each Taegeuk/Poomsae is judged separately and the points will be announced immediately after the Taegeuk/Poomsae).

	INDIVIDUAL A-class				
Pupils until 8 year	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8 jang				
Aspirants 9 - 11 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo				
Cadets 12 - 14 year	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang				
Juniors 15 - 17 year	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang, Taeback				
18 - 30 year	Taegeuk 6, 7, 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin				
31 - 40 year	Taegeuk o, 7, o jang, koryo, keunigang, Taeback, Pyongwon, Sipjin				
41 - 50 year	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Sipjin, Jitae, Chonkwon				
51 - 60 year					
61 - 65 year	Koryo, Keumgang, Taeback, Pyongwon, Sipjin, Jitae, Chonkwon, Hansu				
plus 66 year					

	PAIR A-class (1 male + 1 female)	TEAM A-class (3 male or 3 female)
Pup. & Asp. until 11 year	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8 jang, Koryo
Cadet 12 - 14 year	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang	Taegeuk 4, 5, 6, 7, 8 jang, Koryo, Keumgang
Junior	Taegeuk 4, 5, 6, 7, 8 jang,	Taegeuk 4, 5, 6, 7, 8 jang,
15 - 17 year	Koryo, Keumgang, Taeback	Koryo, Keumgang, Taeback
19 20 year	Taegeuk 6, 7, 8 jang, Koryo	Taegeuk 6, 7, 8 jang, Koryo,
18 - 30 year	Keumgang, Taeback, Pyongwon, Sipjin	Keumgang, Taeback, Pyongwon, Sipjin
plus 21 year	Taegeuk 8 Jang, Koryo, Keumgang, Taeback,	Taegeuk 8 Jang, Koryo, Keumgang, Taeback,
plus 31 year	Pyongwon, Sipjin, Jitae, Chonkwon	Pyongwon, Sipjin, Jitae, Chonkwon

All compulsory Poomsae for each round will be announced 5 days before the competition on the website: www.BelgianTaekwondoFederation.be







WTF POOMSAE FREE STYLE COMPETITION GUIDELINE A-CLASS CATEGORIES

The Free Style competition will be started for only **Dan/Poom** degrees.

Below an overview of the rules which should be followed:

1. Composition of Free Style Poomsae

- Music & choreography shall be the choice of the contestant. However, it should not contain any **political**, **social** and **religious** contents.
- You may only bring the <u>USB stick</u> and then report to head off the table before the start competition (Apple audio format is <u>not supported!)</u>
- Performed techniques must be within boundary of taekwondo.

2. Divisions

- Individual: Male or Female (age: until 17 years old and 18 years old or older).
- Pair: 1 Male and 1 Female (age: until 17 years old and 18 years old or older).
- ➤ Mixed team: composition of 5 members including more than 2 males and females (age: 12 years old or older).

3. Duration of Contest

Individual, Pair and Team competition from 60 seconds to 70 seconds. (less than 60 or more than 70 seconds: -0,1 deduction for 71-75 seconds and -0,2 deduction for 76-80 seconds)

4. Scoring Criteria

- > Scoring shall be made in accordance with the rules of the WTF.
- The types of foot techniques designated are as follows in **sequence**:
 - **Heights of jump** Jumping side-kick (in case of pair and team division, entire team members must perform this technique).
 - **Number of kicks in a jump** Jumping front-kick (at least one member of the team must perform this technique).
 - **Gradient of spins in a spin kick** Spinning hook-kick or turning kick (at least one member of the team must perform this technique).
 - **Performance level of consecutive kicks** Kyorugi style kick shall be limited to five (5) (at least one member of the team must perform this technique) *3-5 bouncing steps in a spot is mandatory before execute the kyorugi style kicks.
 - Acrobatic actions Based on the technical difficulty of all acrobatic actions (with taekwondo kick) performed in gymnastics. (at least one member of the team must perform this technique).
- ➤ Each foot technique shall be less than 3 step run-up. (exceeded each step run-up -0,1 deduction point)
- One of the following stances must be included in de performance at least once:
 - Dwit kubi (Backward inflection stance)
 - Beom-sogi (Tiger stance)
 - Hakdari-sogi (Crane stance)







4. COMPETITION RULES

COMPETITION RULES WTF competition rules

FORMS Taegeuk and higher WTF/Kukkiwon poomsae

METHOD OF COMPETITION Attention: Update on 10/02/2017

1) Single Elimination Tournament System for Individual Senior division 1

and 2 (U30 and U40), male and female

2) Cut off system for all other categories.

DOPING CONTROL Some contestants chosen at random will be tested.

The list of prohibited products will be equal to the list of the IOC.

AWARDS To all winners of 1st, 2nd and two 3rd places, cups will be awarded.

PROTEST Must be made by the official coach within 10 minutes after the end of

the pertinent contest to the Poomsae Referee Director. Protest fee is €150, so as to ensure that a decision on the result may be announced after 30

minutes.

LIABILITY All competitors participate at their own risk. The organization, the Flemish

Taekwondo Union and/or the Belgian Taekwondo Federation shall not accept responsibility for any damages, injuries or losses sustained or incurred and specifically note that they also take no responsibility for any damages, losses, injuries or other consequences due to (directly or

indirectly) acts of terrorism or terrorist threats. All contestants must bring their own documents and forms for any medical treatment in Belgium. If

not, this will have to be paid in cash.





5. ENTRY

REGISTRATIONS

Registrations are <u>only</u> accepted through the WTF Event Registration system: https://www.hangastar.com/WTF/ and registration is only possible with a valid 2017 WTF Global License.

DEADLINE: March 8th, 2017 – 16:00 Belgian Time (GMT +1)

! Registrations can only be made by the club admin of the team. Individual athletes won't have access to the registration system. Registrations onsite will not be accepted.

The following <u>documents</u> are required for all participants to be uploaded and approved by the National Federation and WTF before you are able to register your team through the WTF Event Registration System:

For ALL participants (athletes and officials):

- 1. Valid National ID or Passport of the National Federations you are registering for a WTF Global Licence.
- 2. Colour Portrait ID picture.

Additional documents required for:

3. To register a <u>Doctor</u> – Proof of Medical Doctor/Physio therapist certificate in English

View the **WTF Event Registration Process** infographic in the following **8** languages:

<u>ENGLISH</u>	<u>FRENCH</u>	<u>KOREAN</u>	<u>SPANISH</u>
<u>ARABIC</u>	<u>GERMAN</u>	<u>PORTUGUESE</u>	<u>RUSSIAN</u>

View FAQ's on the WTF Global License & Event Registration process in the following 8 languages:

<u>ENGLISH</u>	<u>FRENCH</u>	<u>KOREAN</u>	<u>SPANISH</u>
<u>ARABIC</u>	<u>GERMAN</u>	<u>PORTUGUESE</u>	<u>RUSSIAN</u>

ENTRY FEE

INDIVIDUAL: € 55 for each contestant

PAIR: € 65 for each pair TEAM: € 75 for each team

FREE STYLE: - Individual: € 55 for each contestant

- Pair: € 65 for each pair

- Mixed Team: € 75 for each team

PARA: € 55 for each contestant

Entry fees must be paid in Euro. Additional currency charges must be paid by the participating team/competitor. All currency charges which are charged to the account of the OC must be balanced cash during registration.

Entry fees must be paid by bank before the deadline of March 8th on the following bank account:

Name: Vlaamse Taekwondo Bond vzw

Address: H. Van Veldekesingel 150/73, B-3500 Hasselt Bank: Belfius, Havermarkt 36-38, B-3500 Hasselt

Account: **BE21 0682 3723 0503**

Swift Code: **GKCCBEBB**

Reference: **BO 2017 + POOMSAE + team name**

A copy of the proof of payment must be sent to belgianopen@taekwondo.be







Entry fees are obligated at all times. There will be no refund if a registered competitor fails to show up for the competition!

In case the competitor has not been removed from the list of participants before the deadline his/her team or official must fully (100%) pay the entry fee(s) for participation. In case of no show the invoice will be send to the team after the tournament.

MODIFICATIONS For all modifications that are to be made after the deadline, an

administration fee of € 25 will be charged. This must be paid in cash

at the registration.

COACH For every 5 contestants within the same team, one coach is granted free

admission, with a maximum of 3 coaches. An extra coach costs € 25.

Only competitors and coaches have admittance to the competition areas. Coaching is only allowed in sportswear (no dobok). All coaches must be 18

years or older!

Coaches need GOL and Continental Coach License (if applicable).

HALL RULES Only the competitors and their coaches have admittance with their

registration cards to the contest areas.

SPECTATORS Until 9 years old: admission is **free**

10 years old and older: € 10 (for 2 days)

PRESS Filming and photographing is not allowed on the competition area, unless for

press members. Recording from the public stands is only allowed for handy cam-type cameras. If you want to bring a photographer or a journalist, please

mention it by e-mail: belgianopen@taekwondo.be

6. INTERNATIONAL REFEREES

Invitations for International Poomsae Referees will be made by the Referee Director and the Organizing Committee.

Hotel and full board accommodation from March 17-19th 2017 will be provided by the organization for international poomsae referees.

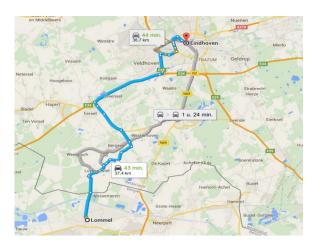




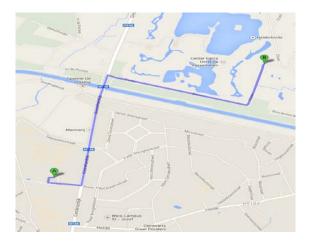
7. ACCOMMODATION AND TRANSPORT

To provide your team the best and most convenient accommodation facilities we offer special rates in **Center Parcs 'De Vossemeren'** and **Sunparks 'Kempense Meren'**. Sauna, hammam, massages, swimming pool, etc... are all available. **Check special price rates in attachment 3 or on the website**www.BelgianTaekwondoFederation.be

If you are also participating to the 44th G1 Lotto Dutch Open 2017 one week earlier, you can have special rates during the week of 13-17 March as well. The distance of Eindhoven to Lommel is only 35km.



Distance Eindhoven (Netherlands) to Lommel (Belgium) = 37 km / 43 minutes driving by car.



Point A = Sports venue, Sportveldenstraat 10, Lommel Point B = Center Parcs, Elzen 145, 3920 Lommel = 3 km by car / 2 km by foot

Nearby airports: Eindhoven: 34 km; Maastricht: 67 km; Brussels: 113 km

8. OTHERS

FIRST AID Will be provided by the organization and is only to be used in case of an

emergency.

INSURANCE The organization and supervisor assume no responsibility for teams, any

damages, violence, losses and injuries during the stay in Belgium. All contestants must bring their own documents and forms for any medical

treatment in Belgium. If not, this will have to be paid in cash.

VISA If you need a VISA request, fill in attachment 2 and send it back to

belgianopen@taekwondo.be

9. SPONSORS











ATTACHMENT 1: Declaration of consent from the parents or legal guardians for under aged participant

As legal guardian, Date of birth: / /								
Address:, Point of relationship:								
I hereby declare with my conse	ent that my son/daughter,	(First name + surname)						
Date of birth: / / , Add	dress:							
may participate as an active player at the 38 th Belgian Open Poomsae 2017 on March 18 th in Lommel (Belgium).								
do know that in Taekwondo injuries cannot be excluded. Neither the organizer or the promoter of the event can be								
held responsible for any damages or injuries and therefore.								
declare that there exists a valid insurance that will cover costs of possible injuries for my son/my daughter or that I								
will accept all costs in Connecti	on with possible injuries or d	amages by myself.						
I have read the competition con	nditions which are according	to rules and regulation of the Flemish Taekwondo Union.						
I have read the outline of the cl	hampionships and all of the it	tems of this outlines are known for me.						
I recognize explicitly all the point	nts of the outline.							
In particular, I recognize uncon	ditionally the liability of the o	organizer.						
Place	Date	Signature of legal guardian						
As legal guardian,		(First name + surname) Date of birth: / /						
		(First name + surname) Date of birth: / /						
Address:								
Address: I hereby declare with my conse	ent that my son/daughter,	, Point of relationship:						
Address: I hereby declare with my conse Date of birth: / / , Add	ent that my son/daughter,	, Point of relationship: (First name + surname)						
Address: I hereby declare with my conse Date of birth: / / , Add may participate as an active pla	ent that my son/daughter, dress:dress: dress:	, Point of relationship: (First name + surname)						
Address: I hereby declare with my conse Date of birth: / / , Add may participate as an active pla	ent that my son/daughter, dress: ayer at the 38 th Belgian Open njuries cannot be excluded. N	Poomsae 2017 on March 18 th in Lommel (Belgium).						
Address:	ent that my son/daughter, dress:ayer at the 38 th Belgian Open njuries cannot be excluded. N ges or injuries and therefore.	Poomsae 2017 on March 18 th in Lommel (Belgium).						
Address:	ent that my son/daughter, dress: ayer at the 38 th Belgian Open njuries cannot be excluded. N ges or injuries and therefore. id insurance that will cover co	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be						
Address:	ent that my son/daughter, dress: ayer at the 38 th Belgian Open njuries cannot be excluded. N ges or injuries and therefore. id insurance that will cover co	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be						
Address:	ent that my son/daughter, dress:	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be osts of possible injuries for my son/my daughter or that I amages by myself.						
Address:	ent that my son/daughter, dress:	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be osts of possible injuries for my son/my daughter or that I amages by myself. to rules and regulation of the Flemish Taekwondo Union.						
Address:	ent that my son/daughter, dress:	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be osts of possible injuries for my son/my daughter or that I amages by myself. to rules and regulation of the Flemish Taekwondo Union. tems of this outlines are known for me.						
Address:	ent that my son/daughter, dress:	Poomsae 2017 on March 18 th in Lommel (Belgium). either the organizer or the promoter of the event can be osts of possible injuries for my son/my daughter or that I amages by myself. to rules and regulation of the Flemish Taekwondo Union. tems of this outlines are known for me.						







ATTACHMENT 2: VISA application	ATT	ACHM	ENT 2 :	VISA a	age	lication
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Send this document to: belgianopen@taekwondo.be

TEAM NAME:

COUNTRY:

FIRST NAME	Surname	DATE OF BIRTH	Passport Number	EXPIRY DATE	Nationality	Function





Center Parcs - De Vossemeren, Lommel

Address: Elzen 145, 3920 Lommel

= Located at only **3km** from the sports venue of the **Belgian Open** (<u>Sportveldenstraat 10, 3920 Lommel</u>) = Located at only **25km** from the **Lotto Dutch Open** one week earlier (Eindhoven, Netherlands)

STAY DURING THE WEEKEND FROM MARCH 17 – 20, 2017

Type of cottage	N° of Persons/ cottage	Price/ cottage	Price includes
VM063 Comfort Cottage	4	€ 353,25	Beds made, towels & acces aqua mundo
VM062 Comfort Cottage	6	€ 417,75	Beds made, towels & acces aqua mundo
VM427 Premium Cottage	4	€ 378,35	Beds made, towels & acces aqua mundo
VM627 Premium Cottage	6	€ 491,25	Beds made, towels & acces aqua mundo
VM827 Premium Cottage	8	€ 562,35	Beds made, towels & acces aqua mundo

STAY DURING THE WEEK FROM MARCH 13 - 20, 2017

Type of cottage	N° of Persons/ cottage	Price/ cottage	Price includes
VM063 Comfort Cottage	4	€ 473,25	Beds made, towels & acces aqua mundo
VM062 Comfort Cottage	6	€ 537,75	Beds made, towels & acces aqua mundo
VM427 Premium Cottage	4	€ 488,85	Beds made, towels & acces aqua mundo
VM627 Premium Cottage	6	€ 633,75	Beds made, towels & acces aqua mundo
VM827 Premium Cottage	8	€ 762,30	Beds made, towels & acces aqua mundo

Book by mail at: business.solutions.vm@groupepvcp.com or by telephone +32 (0)11.54.82.06 from Monday to Friday 10.00 until 16.00 The reservation number you'll receive is also your confirmation.







<u>Sunparks – Kempense Meren, Lommel</u>

Address: Postelsesteenweg 100, 2400 Mol

= Located at only **10km** from the sports venue of the **Belgian Open** (<u>Sportveldenstraat 10, 3920 Lommel</u>) = Located at only **38km** from the **Lotto Dutch Open** one week earlier (Eindhoven, Netherlands)

STAY DURING THE WEEKEND FROM MARCH 17 – 20, 2017

Type of cottage	N° of Persons/ cottage	Price/ cottage	Price includes
KM 535 Comfort cottage	4	€ 264,65	Beds made, towels, tourist tax & acces aqua mundo
KM 536 Comfort cottage	6	€ 329,05	Beds made, towels, tourist tax & acces aqua mundo
KM 537 Comfort cottage	8	€ 438,95	Beds made, towels, tourist tax & acces aqua mundo

STAY DURING THE WEEK FROM MARCH 13 – 20, 2017

Type of cottage	N° of Persons/ cottage	Price/ cottage	Price includes
KM 535 Comfort cottage	4	€ 340,55	Beds made, towels, tourist tax & acces aqua mundo
KM 536 Comfort cottage	6	€ 433,15	Beds made, towels, tourist tax & acces aqua mundo
KM 537 Comfort cottage	8	€ 546,75	Beds made, towels, tourist tax & acces aqua mundo

Book by mail at: business.solutions.vm@groupepvcp.com or by telephone +32 (0)11.54.82.06 from Monday to Friday 10.00 until 16.00 The reservation number you'll receive is also your confirmation.

